



COMPENSATION AND BENEFITS

2023-2024 Stipends

| | |
|--------------|-----------------|
| PGY 1 | \$57,546 |
| PGY 2 | \$59,287 |
| PGY 3 | \$61,151 |
| PGY 4 | \$62,766 |
| PGY 5 | \$64,950 |
| PGY 6 | \$66,620 |
| PGY 7 | \$67,366 |

Residents and Fellows are paid on a bi-weekly basis

Ascension St. John Hospital provides a comprehensive benefits program for residents and fellows. Qualified dependents will also be eligible for benefit coverage. Each year, a benefits re-enrollment period in November allows you to adjust your benefits as your needs change. Below is a comprehensive list of benefits.

Insurance Benefits

- Malpractice coverage provided by the Hospital
 - Residents are covered under Ascension St. John Hospital professional liability program for any actions during the scope of their training as residents/fellows regardless of when the claim is filed.
- Medical, dental, vision insurance plans with dependent coverage
 - Health Savings Accounts (HSA)
 - Health Reimbursement Arrangement (HRA)
- Short term disability insurance
 - Benefit provided, at no cost to you, is 70% replacement of your base pay.
 - Pre-existing condition limitations apply.
- Long term disability insurance
 - Benefit provided, at no cost to you, is 70% replacement of your base pay.
 - Pre-existing condition limitations apply.



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- Accidental death and dismemberment
- Associate and family life insurance
- Group legal plan

Additional Benefits

- 403b retirement option, with employer matching up to 3% of your contribution
- Pre-tax Health Savings Account, Healthcare Flexible Spending Account (FSA) and Dependent Care (FSA)
- Employee Assistance Program
- Associate Discounts (include but not limited to)
 - Computers and Electronics
 - Entertainment
 - Health & Wellness
 - Automotive (rental cars/tires)
- Commitment to resident/fellow wellness (include but not limited to)
 - Mayo Clinic Wellness Index
 - Headspace
 - Guided meditation resources
 - Virtual peer support groups
 - Virtual Spiritual Care available anytime, anywhere
- Mental/physical health counseling (paid for by GME Office)
- Maternity Leave/Paternity Leave available. Lactation room onsite
- Reimbursement for BLS/ ACLS certifications when unavailable on campus
- Reimbursement of educational limited licenses while in training and a portion of permanent license fees
- Educational device provided at the beginning of training program
- Three weeks (21 days) paid vacation
- Paid sick time (7 days)
- Lab coats provided and laundered including scrubs
- Free Parking
- Newly Renovated Resident Lounge
- Medical Library
- Free Buffet Luncheon, Monday-Friday, from 11:30am to 12:45pm
- Annual Allowance for on-call meals
 - Meal card is provided on the first day of training. This card is to be used



Ascension St John Hospital

for on-call meals or when patient care duties prevent the resident/fellow from attending the Resident Noon buffet luncheon

- Professional Development Funds for residents/fellows at all levels of training
- Wellness stipend for each resident/fellow
- Computer facilities for residents/fellows' use
- Research methods workshops

Research Opportunities

Presentation Funding

Residents and fellows who have been accepted to provide an oral or poster presentation at a conference may apply for funding up to two trips per year, in the continental United States. Only one trip can be for a case report. Funding will be provided for travel-related expenses and for conference registration.

Project Funding

Residents can apply for up to \$10,000 and fellows can apply for up to \$15,000 to support scholarly activity. Funding is awarded after approval by a scientific review committee.

Professional Development Funds

Professional development funds are provided to each resident and fellow. The amount of funds increases each year of advancement.

Typical use for these education-related funds include:

- Books
- Educational software
- Educational webinars
- Board review material
- Conference and travel
- Professional membership fees
- Application & professional liability fees for outside electives
- Educational devices once during residency/fellowship (computers, laptops, iPads)



Ascension St John Hospital

Wellness Funds

Each year, wellness funds are provided to each resident/fellow. The amount is \$225 each year (this does not rollover as the resident/fellow advances)

Typical use of these funds include but not limited to:

- Massages (limited to on-campus)
- Gym Memberships
- Online fitness classes
- Residency group activities