

Ascension Via Christi PGY2 Ambulatory Care Residency

In affiliation with the University of Kansas School of Pharmacy



Ascension Rx

Program Director Contact Information:
Lyndsey.Buzzard@ascension.org



Program Overview

- Located in Wichita, Kansas
 - Largest city in Kansas
 - Population of 400K (650K including surrounding suburbs)
 - VisitWichita.com
- Clinical pharmacy services established 2012
- Residency established 2018
 - 11 graduates
 - 5 publications from resident research
- Affiliation with KU School of Pharmacy

Required Learning Experiences

- Primary Care (3 parts)
- Pharmacotherapy Clinic
- Family Medicine Residency Clinic
- Cystic Fibrosis Clinic
- Anticoagulation
- Research
- Academia
- Service & Professional Development

Elective Learning Experiences

- Multispecialty Clinic (HF, COPD, TOC)
- Family Med Residency Clinic 2
- Outpatient Pharmacy
- Endocrinology
- Obesity/Bariatrics
- Other opportunities may also be available depending on resident interest

Other Opportunities

- Ambulatory Care Lecture Series
 - Helps prepare residents for BCACP exam
 - Discussions lead by preceptors
- ADA Diabetes Camp
 - Overnight camp for children with DM (ages 7-17)
 - Residents serve as medical staff
- Practice-Based Research
 - Preceptors have experience in publishing peer-reviewed journal articles

Primary Care

- Primary Care 1: July - October
 - Focus: clinical and patient education skills
 - Location: established primary care clinic
 - Preceptor is present each day
- Primary Care 2: November - January
 - Focus: resident management of clinic and establishing relationships with providers
 - Location: AMG East 21st Clinic
 - Preceptor is not present each day but will have some in-person or virtual observation days
- Primary Care 3: February - June
 - Focus: clinical service operations and development
 - Location: AMG East 21st Clinic
 - Resident responsible for running clinic service; preceptors are available by phone/chat for complex patient questions

Primary Care Practice Site

Ascension Medical Group on East 21st

- 6 family medicine physicians
- 3 pediatricians
- 7 advanced practice providers

Medication Management

- Resident 1: Mondays 8am-5pm
- Resident 2: Thursdays 8am-5pm
- Visits: 30-60 minutes

Responsibilities:

- Direct patient care (referrals)
- Drug information questions
- Patient education





Research

- Begins during week 1 with idea presentations and brainstorming
- Ideas are presented from previous residents and preceptors
- Our PGY2 graduates have published a total of 5 peer-reviewed articles as a result of their research projects

Family Medicine Resident Clinic (Preceptor: Tiffany Shin)

- 2 clinic locations
- Primary responsibilities:
 - Patient visits (T2DM, T1DM, GDM)
 - Consultative services
 - Drug information questions
- Additionally may provide didactic lectures to family med residents



Family Medicine Residency Clinics

- 27 Family Medicine Attending Physicians
- 54 Family Medicine Residents

Consultative Services

- Resident 1: St. Francis Clinic
- Resident 2: St. Joseph Clinic



Cystic Fibrosis Clinic (Preceptor: Missy Norton)

- Accredited by the Cystic Fibrosis Foundation
- Team based care approach
- CF clinic has 100-120 active patients
 - Patients from across Kansas
 - Children < 1 year: 1 month follow up
 - Children > 1 year and adults: 3 month follow up
- Typical CF Schedule (Wednesdays)
 - AM: Pediatric Patients:
 - Huddle at 8:05am
 - Patient visits from 8am-10:30am
 - Staffing around 11am
 - PM: Adult Patients
 - Huddle at 1:05pm
 - Patient visits from 1pm - 3:30pm
 - Staffing around 4pm



Resident Schedule

- Resident 1: Wednesdays (January - March)
- Resident 2: Wednesdays (April - June)

Responsibilities:

- Direct patient care and education
- Drug information questions
- Coordination of medication access

Pharmacotherapy (Preceptor: Ashley Shogren)

- Focus on medication access utilizing various resources
 - 340B program
 - Manufacturer patient assistance programs
 - Dispensary of Hope
 - Local resources for discounted or free medications
- Work with specialists from pulmonology, gastroenterology, cardiology and other specialties

Academia (Preceptor: Tiffany Shin)

- Opportunities include:
 - Didactic large classroom lecture in Pharmacotherapy course (100 minutes)
 - 2-4 elective lectures (50 minutes each)
 - Assistance with clinical skills lab as needed
 - Assistance with clinical applications in the spring (P3 students)
 - Teaching certificate through KU SOP (optional)
- Rotation is tailored to resident interest
 - More experience in didactic lectures can be added if a resident is interested in a future career in academia

Service and Professional Development

- Volunteering at JayDoc monthly
 - JayDoc is a free clinic for patients who do not have insurance or other access to health care
 - Interdisciplinary collaboration as the clinic is staffed by resident physicians, medical students, pharmacy students, and others
 - PGY2 pharmacy residents serve as a preceptor for pharmacy students
- KU SOP Health Screenings and/or Immunization Events
- Community Education
- Ambulatory Care Lecture Series
 - Preparation for BCACP exam
- Committee involvement

Anticoagulation Service

Longitudinal rotation

- Nurse-run, pharmacist-managed anticoagulation clinic
- Protocol-based
- Patients come to clinic for POC INR or test at home
- Nurses can make adjustments based on protocol
- Anything outside of protocol must be approved by PharmD
- Bridging schedules are approved by PharmD
- Resident will be on call for at least 3 months for after hours critical INR calls

Multispecialty Clinic

(Preceptor: Missy Norton)

- Services:
 - Heart Failure
 - COPD
 - Transitional Care
- Project based:
 - Quality improvement
 - Education development
- Duration: TBD based on resident interest



Family Medicine Resident Clinic 2 (Preceptor: Tiffany Shin)

- Continuation of FMRC1
- Resident will continue to provide patient care and consultative services
- Quality improvement project
- Educational presentations to medical residents

Endocrinology Clinic

(Preceptor: Elizabeth Brosz)

- Clinic team
 - 1 physician
 - 1 PA
 - Diabetes nurse educator
 - Clinical pharmacist
- Disease states
 - Hyper- and hypothyroidism
 - T1DM
 - T2DM
 - Adrenal disorders



Example Schedule

Most learning experiences are longitudinal in nature, thus each day of the week is spent at a different clinic

Monday	Tuesday	Wednesday	Thursday	Friday
Primary Care	Academia at KU SOP	Pharmacotherapy or CF Clinic	Family Medicine Residency Clinic (or elective rotation)	Admin day

The map displays the city of Wichita, Kansas, with a grid of streets and major highways. The city center is labeled "Wichita". Major highways shown include I-135, I-235, I-35, and US-54. Key landmarks include the Mid-Continent Airport (marked with a blue airplane icon) and the Harry H. Harris Convention Center (marked with a blue star). Other notable locations include the University of Kansas Medical Center (marked with a green star) and the Wichita State University (marked with a yellow star). The map also shows various neighborhoods such as Hillside, Woodlawn, Central, and Webb. Major streets like 25th, 29th, 37th, 45th, 119th, and 143rd are labeled. The map is color-coded with orange for major roads and blue for water bodies.

- 
- Ascension Rx

Contact Information

- Program Website
 - <https://medicaleducation.ascension.org/kansas/via-christi-pharmacy-residency>
- Residency Program Director
 - Lyndsey Buzzard (lyndsey.buzzard@ascension.org)
- Ambulatory Care Services Pharmacy Manager
 - Jared Albright (jared.albright@ascension.org)
- 2026-27 PGY2 Ambulatory Care Resident
 - Kennedy Durbin (kennedy.durbin@ascension.org)