

Ascension Via Christi PGY2 Ambulatory Care Residency

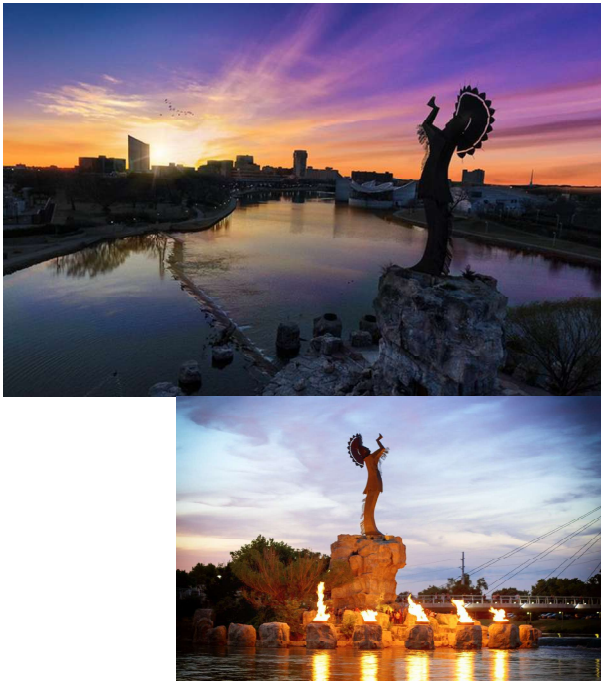
In affiliation with the University of Kansas School of Pharmacy



Ascension Rx

Program Director Contact Information:
Lyndsey.Buzzard@ascension.org

Ascension Via Christi PGY2 Ambulatory Care Residency



Program Overview

- Located in Wichita, Kansas
 - Largest city in Kansas
 - Population of 400K (650K including surrounding suburbs)
 - VisitWichita.com
- Clinical services established in 2012
- Residency established in 2018
 - 10 graduates
 - 5 publications from resident research
- Affiliation with KU School of Pharmacy

Ascension Via Christi PGY2 Ambulatory Care Residency

Required Learning Experiences

- Primary Care (3 parts)
- Family Medicine Residency Clinic
- Cystic Fibrosis Clinic
- Anticoagulation
- Research
- Academia
- Service & Professional Development

Elective Learning Experiences

- Multispecialty Clinic (HF, COPD, TOC)
- Family Med Residency Clinic 2
- Pharmacotherapy Clinic
- Outpatient Pharmacy
- Endocrinology
- Obesity/Bariatrics
- Other opportunities may also be available depending on resident interest

Ascension Via Christi PGY2 Ambulatory Care Residency

Other Opportunities

- Ambulatory Care Lecture Series
 - Helps prepare residents for BCACP exam
 - Discussions lead by preceptors
- ADA Diabetes Camp
 - Overnight camp for children with DM (ages 7-17)
 - Residents serve as medical staff
- Practice-Based Research
 - 5 published peer-reviewed journal articles from past resident projects

Required Rotations

Primary Care

- Primary Care 1: July - October
 - Focus: clinical and patient education skills
 - Location: established primary care clinic
 - Preceptor is present each day
- Primary Care 2: November - January
 - Focus: resident management of clinic and establishing relationships with providers
 - Location: AMG East 21st Clinic
 - Preceptor is not present each day but will have some in-person or virtual observation days
- Primary Care 3: February - June
 - Focus: clinical service operations and development
 - Location: AMG East 21st Clinic
 - Resident responsible for running clinic service; preceptors are available by phone/chat for complex patient questions

Primary Care Practice Site

Ascension Medical Group on East 21st

- 7 family medicine physicians
- 3 midlevel family medicine providers
- 4 pediatricians

Medication Management

- Resident 1: Monday's 8am-5pm
- Resident 2: Thursday's 8am-5pm
- Visits: 30-60 minutes

Responsibilities:

- Direct patient care (referrals)
- Drug information questions
- Patient education



Required Rotations



Research

- Begins during week 1 with idea presentations and brainstorming
- Ideas are presented from previous residents and preceptors
- Our PGY2 graduates have published a total of 5 peer-reviewed articles as a result of their research projects

Required Rotations

Family Medicine Resident Clinic (Preceptor: Tiffany Shin)

- St. Francis & St. Joseph locations
- Primary responsibilities:
 - Patient visits (T2DM, T1DM, GDM)
 - Consultative services
 - Drug information questions
- Additionally may provide didactic lectures to family med residents



FMRC Practice Sites

Family Medicine Residency Clinics

- 27 Family Medicine Attending Physicians
- 54 Family Medicine Residents

Consultative Services

- Resident 1: St. Francis Clinic
- Resident 2: St. Joseph Clinic



Required Rotations

Cystic Fibrosis Clinic (Preceptor: Missy Norton)

- Accredited by the Cystic Fibrosis Foundation
- Team based care approach
- CF clinic has 100-120 active patients
 - Patients from across Kansas
 - Children < 1 year: 1 month follow up
 - Children > 1 year and adults: 3 month follow up
- Typical CF Schedule (Wednesdays)
 - AM: Pediatric Patients:
 - Huddle at 8:05am
 - Patient visits from 8am-10:30am
 - Staffing around 11am
 - PM: Adult Patients
 - Huddle at 1:05pm
 - Patient visits from 1pm - 3:30pm
 - Staffing around 4pm



Resident Schedule

- Resident 1: Wednesday's (January - March)
- Resident 2: Wednesday's (April - June)

Responsibilities:

- Direct patient care and education
- Drug information questions
- Coordination of medication access

Required Rotations

Academia (Preceptor: Tiffany Shin)

- Opportunities include:
 - Didactic large classroom lecture in Pharmacotherapy course (100 minutes)
 - 2-4 elective lectures (50 minutes each)
 - Assistance with clinical skills lab as needed
 - Assistance with clinical applications in the spring (P3 students)
 - Advanced Teaching Certificate through KU SOP (optional)
- Rotation is tailored to resident interest
 - More experience in didactic lectures can be added if a resident is interested in a future career in academia

Required Rotations

Service and Professional Development

- Volunteering at JayDoc monthly
 - JayDoc is a free clinic for patients who do not have insurance or other access to health care
 - Staffed by resident physicians, medical students, pharmacy students, and others
 - PGY2 pharmacy residents serve as a preceptor for pharmacy students
- KU SOP Health Screenings and/or Immunization Events
- Community Education
- Ambulatory Care Lecture Series
 - Preparation for BCACP exam
- Committee involvement

Required Rotations

Anticoagulation Service

Longitudinal rotation

- Nurse run, pharmacist managed anticoagulation clinic
- Protocol-based
- Patients come to clinic for POC INR or test at home
- Nurses can make adjustments based on protocol
- Anything outside of protocol must be approved by PharmD
- Bridging schedules are approved by PharmD
- Resident will be on call for at least 3 months for after hours critical INR calls

Elective Rotations

Multispecialty Clinic (Preceptor: Missy Norton)

- Services:
 - Heart Failure
 - COPD
 - Transitional Care
- Project based:
 - Quality improvement
 - Education development
- Duration: TBD based on resident interest



Elective Rotations

Family Medicine Resident Clinic 2 (Preceptor: Tiffany Shin)

- Continuation of FMRC1
- Resident will continue to provide patient care and consultative services
- Quality improvement project
 - Examples may include
 - Use of Freestyle Libre Professional CGM
 - Gestational Diabetes Education Class

Elective Rotations

Endocrinology Clinic

- AMG Endocrinology clinic
 - 1 Physician
 - 1 Midlevel
 - Diabetes nurse educator
 - Clinical pharmacist (planned to start Winter 2025)
- Disease states
 - Hyper- and hypothyroidism
 - T1DM
 - T2DM
 - Adrenal disorders



Example Schedules



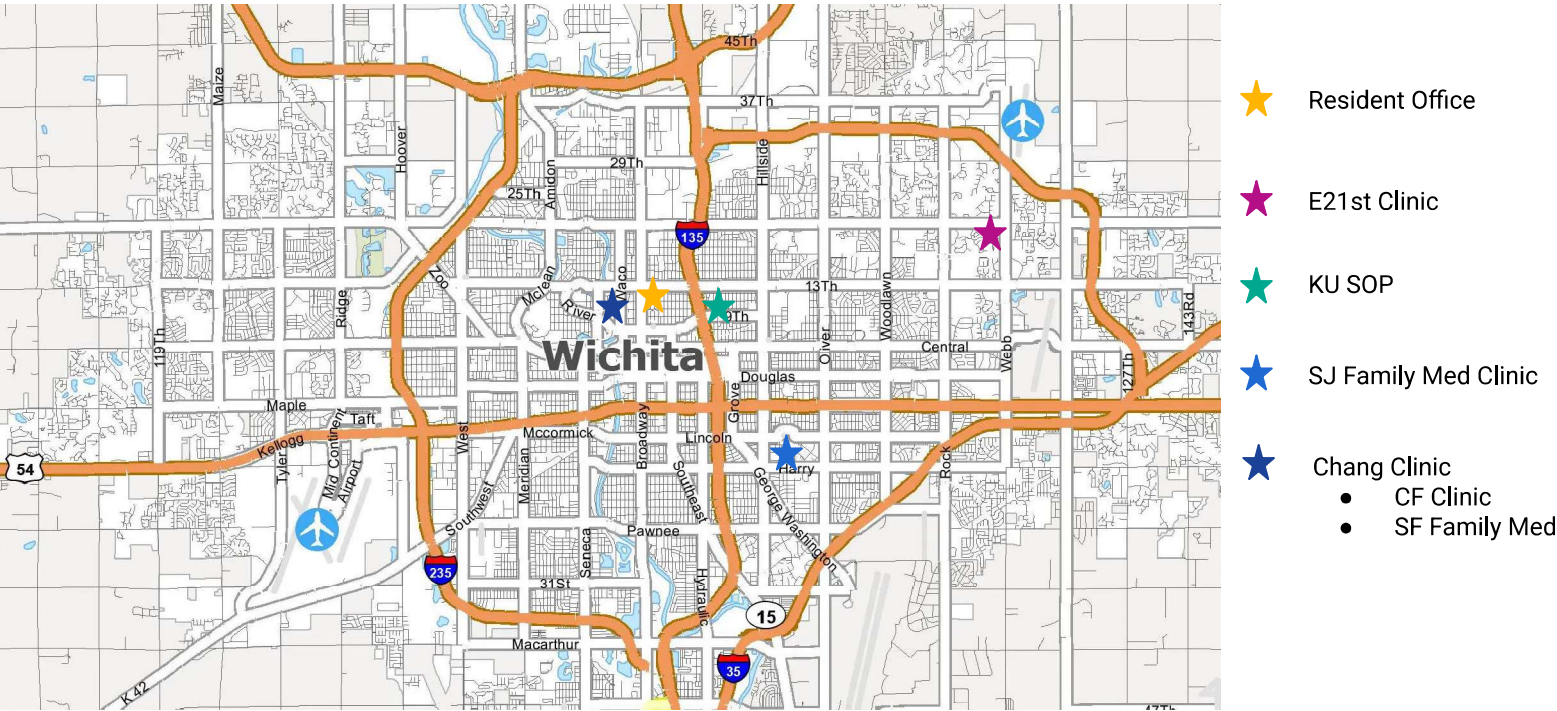
Resident 1

Monday	Tuesday	Wednesday	Thursday	Friday
Primary Care	KU SOP	CF Clinic	FMRC	Admin day

Resident 2

Monday	Tuesday	Wednesday	Thursday	Friday
FMRC	KU SOP	Endo Clinic	Primary Care	Admin day

Map of Practice Sites and Other Important Locations



Contact Information

- Program Website
 - <https://medicaleducation.ascension.org/kansas/via-christi-pharmacy-residency>
- Residency Program Director
 - Lyndsey Buzzard (lyndsey.buzzard@ascension.org)
- Ambulatory Care Services Pharmacy Manager
 - Jared Albright (jared.albright@ascension.org)
- 2025-26 PGY2 Ambulatory Care Resident
 - Dylan Montgomery (dylan.montgomery@ascension.org)